



2nd Annual Conference of the Order of Psychologists in Lebanon

Between Disasters & Conflicts: A Journey of Trauma & Recovery



Preliminary Program - May 31st, 2024  Issam Fares Lecture Hall, AUBMC

8:00 - 9:00 Registration

9:00 - 9:30 Opening Remarks

9:30 - 10:15 Keynote *Hybrid Session*

Dr. Brigitte Lueger-Schuster, University of Vienna

ICD 11 – Disorders specifically associated with stress –
do they work in times of crisis?

10:20 - 11:35 The Multiple Facets of Trauma in Zones of Conflict

Session 1

- Dr. Myriam El-Khoury Malhame, LAU: Neurobiology of traumas and growth.
- Mr. Philip Noun, GIZ: Sequential Traumatization – A Social Perspective on Trauma.
- Dr. Nenna Ndukwe, UN, New York: Trauma Informed Practice:
Mental Health Considerations in the Justice Process: An Example from Iraq.
- Dr. Ahmad Bawaneh, IMC: Navigating Through Crisis: Reflections on the
Gaza Event and Understanding its Impact.

11:35 - 11:55 Break

12:00 - 1:15 Impact of Disasters and Conflicts: Regional Examples

Session 2

- Dr. Vivian Khamis, AUB: Resilience amidst adversity:
Psychological sequelae of war atrocities in Gaza Strip and South Lebanon.
- Dr. Brigitte Khoury, AUB: The Beirut Explosion Psychological Impact Study:
A Cross-Sectional Population Survey.
- Dr. Ersin Uygun, Istanbul Bilgi University: February 6th earthquake
in Turkey: Experiences and Challenges with Refugees.
- Dr. Samah Jabr, Palestinian Ministry of Health, Palestine. TBA

1:15 - 2:15 **Lunch break - posters presentation**

2:15 - 3:00 **Keynote**

Dr. Lisa Brown, Palo Alto University, California

Addressing Psychological Distress Resulting from the Trifecta of Disaster, Armed Conflict, and Disease Outbreak.

3:00 - 4:00 **Trauma Focused Interventions and Treatment**

Session 3

- **Ms. Dania Dbaibo Darwich, EMDR Therapist:**
The Impact of EMDR Group Therapy Following the Beirut Port Explosion: An EMDR Crisis Team Initiative.
- **Dr. Nadine Zalaket, USEK:** Du trauma à la guérison: voies thérapeutiques et ouverture au pardon.
- **Dr. Tania Bosqui, AUB:** Development, evaluation and roll-out of the Sawa Aqwa Family Intervention for at-risk adolescents in Lebanon.

4:05 - 5:05 **Trauma Testimonies: from Frontliners to Reporters**

Session 4

- **Captain Michel El Murr, Fire Fighters Brigade**
- **Ms. Myra Saad, Red Cross**
- **Ms. Daisy Mohr, Dutch Journalist**
- **Mr. Edmond Sassine, Journalist**

5:00 - 5:15 **Break**

5:15 - 6:00 **Art and Trauma: The Healing Journey**

Session 5

- **Ms. Mona Chebaro, AUB:** Use of Art Therapy as a Mode of Self Expression.
- **Ms. Vanessa Kyrillos, GIZ:** Wojodi Amal - Suicide Prevention through Creative Arts.
- **Dr. Nisrine Moussawi, Dance Therapist:** The Use of Dance & Movement for Efficient Treatment of Trauma in a Young Woman.

6:00 - 6:15 **Closing Ceremony**

9:00 - 1:00

Skills-Based Workshops

- ***Dr. Lisa Brown:***
Considerations when using Trauma-Informed Approaches: Applying Psychological First Aid and Skills for Psychological Recovery
- ***Dr. Leyla Akoury Dirani:***
Psychological Interventions for Children's Victims of Adverse Events
- ***Deutsche Gesellschaft für Internationale Zusammenarbeit, GIZ:***
Exploring Creative Art Therapies - Breaking Taboos and Enhancing Connections